Exhibit 1 Minnesota Health Plans at a Glance

НМО	Headquarters	Parent, Owner or Manager	Year Opened	2018 Insured Minnesota Enrollment	Change Over 2017	2018 Net Income	2018 Margin	Notes and History
Blue Plus www.bluecrossmn.com/	Eagan	Blue Cross Blue Shield of Minnesota, Eagan	1974	384,977	-5.8%	141,037,348	5.8%	i
Gundersen Health Plan Minnesota http://www.gundersenhealthplan.org/	La Crosse, WI	Gundersen Health, La Cross, WI	1995	1,287	5.7%	-158,822	-1.8%	Minnesota operations of Wisconsin provider- sponsored HMO. Licensed in Minnesota in 2012.

HealthPartners/Group Health Plan www.HealthPartners.com/	Bloomington	HealthPartners, Bloomington	1957	425,291	1.6%	36,114,118	1.1%	Two separately licensed HMOs: Group Health, which is federally qualified and HealthPartners, which is not. Merged with MedCenters Health Plan in 1992 under new parent company also called HealthPartners. Absorbed enrollees of Group Health Plan of Central Minnesota (opened in 1979) in 2000. Acquired enrollees of NWNL Health Network HMO in 1995.
Hennepin Health www.hennepinhealth.org	Minneapolis	Hennepin County	1983	26,211	-14.5%	6,482,253	2.8%	Formerly known as Metropolitan Health Plan. Created for Pre- Paid Medical Assistance Demonstration Project and Voluntary AFDC Managed Care Program.
Medica Health Plans www.medica.com	Minnetonka	Medica Holding Company Certain administrative services provided	1975	29,364	0.3%	39,605,752	5.4%	Formed by 1991 merger of Physicians Health Plan (PHP), which was started in

		by UnitedHealthcare Services, Minnetonka						1975, and Share Health Plan, started in 1973. Had been part of Allina Health System until its breakup in 2002.
PreferredOne Community Health Plan www.preferredone.com	Golden Valley	Fairview Health, Minneapolis	1995	425	-33.9%	-275,514	-10.6%	Part of larger managed care organization, including network access preferred provider organization (PPO), accident and health insurance company and third-party administrator (TPA). North Memorial Health and physicians had been partial owners until January 2016
Sanford Health Plan of Minnesota https://www.sanfordhealthplan.org/	Sioux Falls, SD	Sanford Health	1998	892	85.1%	-902,233	-24.8%	Licensed in Minnesota in 1998. Minnesota affiliate of South Dakota provider- sponsored HMO. Formerly known as Sioux Valley Health Plan
UCare Minnesota www.ucare.org/	Minneapolis	Governing board composed of community members, enrollees and one	1989	402,238	5.6%	39,823,211		Created for Pre- Paid Medical Assistance Demonstration Project. Serves

		faculty member of the Department of Family Medicine and Community Health, University of Minnesota Medical School						state health care program recipients. Began to offer Medicare Advantage products in 1998 and individual products in 2014. Closed UCare Health, Medicare Advantage HMO in Wisconsin.
County Health Insuring Organizations								
Itasca Medical Care http://www.co.itasca.mn.us/	Grand Rapids	Itasca County	1982	8,194	-8.5%	-229,534	-0.4%	Known as IMCare
PrimeWest Health http://www.primewest.org/	Alexandria	Joint powers agreement serving 13 counties	2003	41,948	-2.0%	-10,582,527	-3.5%	
South Country Health Alliance http://www.mnscha.org/	Owatonna	Joint powers agreement of 11 counties	2001	40,309	-3.6%	-12,294,113	-4.1%	
Other Minnesota Insurers								
Blue Cross Blue Shield of Minnesota	Eagan	Aware Integrated	1972	785,000	17.3%	36,627,576	0.9%	
HealthPartners Insurance Company	Bloomington	HealthPartners	1991	333,598	-2.0%	31,758,027	3.2%	Formerly Midwest Assurance Company
Medica Insurance Company	Minnetonka	Medica Holding Company	1984	314,332	17.1%	242,413,234	6.9%	Now doing business in Minnesota and six other states
Medica Health Plans of Wisconsin	Minnetonka	Medica Holding Company	1998	0	- 100.0%	0	NA	Sold individual plans on MNsure exchange until the end of 2017. Now a Wisconsin HMO

PreferredOne Insurance Company	Golden Valley	PreferredOne	2003					PreferredOne
		Administrative						Administrative
		Services						Services is now
								owned 100% by
				135,082	-6.5%	-11,377,685	-4.9%	Fairview Health

Closed HMOs: First Plan ended its HMO operations at the end of 2009. Altru Health Plan of Grand Forks, ND, phased out its Minnesota HMO in 2002 and Mayo Health Plan, Rochester, turned in its Minnesota HMO license effective December 2001. Avera Health Plan of Minnesota (based in Sioux Falls) has not had enrollees for several years.

Source: Author's analysis of health plan annual statements for 2018. This analysis is generally limited to Minnesota enrollees in comprehensive benefit plans. Medicare Supplement enrollees are included, but dental- and vision-only enrollees are not. The analysis of revenue and net income generally does include operations in all states and in those other lines of business.