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DATA FILES DEVELOPED FOR
Minnesota Health Market Review 2026
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These worksheets are based on the financial and enrollment reports that Minnesota HMOs submitted to state agencies on April 1, 2025 and later in the year and downloads from the Centers for Medicare and Medicaid Services and other sources.

CONVENTIONS AND NOTES:

- Data files are organized in spreadsheets using Microsoft Excel and assembled in a zip file. Unless otherwise noted, all data are taken from the annual statements that each HMO and domestic health insurance company submits to the Minnesota Departments of Health and Commerce. The HMO statements include the standard HMO blank of the National Association of Insurance Commissioners plus important supplements. Finance and enrollment data are usually included for 1987-2025, plus some quarterly enrollment data are included in that file. In 2003 we began to include annual statement information from three county plans that contract with the state for Medicaid and from Minnesota based health insurers that are affiliated with HMOs. My research was selective, and these files *do not* include every data item that could be gleaned from the reports.
- Some HMOs offer self-funded products using their provider networks and care management systems. In general, the finance, utilization and HMO enrollment files do not include those products.
- Minnesota HMOs have gone through numerous mergers in the past 25 years and have changed their names as well. HealthPartners was formed by the merger of Group Health and MedCenters HMOs and also acquired NWNL Health Network. HealthPartners continued to operate under two HMO licenses, HealthPartners and Group Health, until January 2024, when it turned in the Group Health license. It also controlled a third health plan, Central Minnesota Group Health Plan, which was absorbed into the other two HMOs. Medica was formed by merging the old Physicians Health Plan (known for a few years as Medica Choice) and Share HMO (known as Medica Primary). Altru Health Plan and Mayo Health Plan have both turned in their licenses. First Plan, the first Minnesota HMO, changed its name to FirstSolutions and then exited the HMO business at the end of 2009. Gundersen Health Plan is now known as Quartz. Gundersen, the University of Wisconsin and UnityPoint Meriter have merged their respective health insurance plans under the Quartz Benefits brand. In 2019, UnitedHealthcare of Illinois and Humana Health of Wisconsin were licensed as HMOs in Minnesota. UnitedHealthcare acquired PreferredOne Insurance Company in 2021. UCare Minnesota was placed in state-supervised rehabilitation at the end of 2025 and its individual plans and state program contracts were assumed by Medica Health Plans.
- We began adding data from Medica Community Health Plan (formerly Medica Health Plans of Wisconsin), which was the primary vehicle for three years for Medica selling on the MNsure exchange. Most of its enrollees are Minnesota residents. However, it stopped selling in Minnesota at the end of 2017. It received a large payment from the ACA Risk Corridor program in 2020.
- Most of the files include tables with additional analysis, which begin below the data tables. The larger files include an index in the upper left-hand corner.

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Minnesota Health Market Data Files

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	FILE NAME*	CONTENTS	YEARS
1.	Balance Sheet.xls	Balance sheet items and Risk Based Capital ratio calculation for recent years.	1987-2025
2.	HMO Capitation.xls	HMO capitation payments to major IPAs and medical groups	1993-2025 (not all years)
3.	Enroll HMO.xls	HMO enrollment by program (Medicaid, Medicare, commercial), trend analysis. Enrollment summary by HMO from 1977	1987- 2025
4.	Income Statement.xls	Expense and revenue items, historic surplus/(loss) analysis, administrative cost analysis, medical cost analysis	1987-2025
5.	Income by Product.xls	Income and expense items for HMOs by product line: Commercial, Medicare, Medicaid. PMPM analysis.	1998-2025
6.	Enroll County.xls	Enrollment in HMOs and County-Based Purchasing plans by plan, program, county and six regions	2012-2020
7.	Minnesota Hospitals.xls	Selected items for metro area and largest outstate hospitals from Medicare cost reports	1999-2024
8.	Medicaid MN.xls	Data from MSIS system (and successor systems) for Medicaid beneficiaries and spending	2004, 2008-2010, 2011, 2014, 2019, 2023
9.	Medicare 1-25 4.26.xlsx	Data from CMS downloads on enrollment in Medicare Advantage, Cost and Part D Plans	January 2025, April 2026

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